understanding spirits

Posted by eimeard07 - 01 May 2011 21:02

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i'm having a difficult time distinguishing the living from the dead

i see spirits really clear just like humans but I just know there dead

but sometimes i see people and i think there alive but then they disappear right in front of me

i presume these people are spirits are they?

but the ones that i think are alive frighten me

do you learn to determine tell the diference between the living and dead because i can't really tell at the moment

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Re: understanding spirits

Posted by justdani - 03 May 2011 22:50

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I have been reading "understanding spirits" and i am learning some new things. I am being "visited" occasionally by a spirit that has appeared out of no where. This is the first time i am speaking of this. At first i thought i was crazy. this spirit only comes to me when i am over stressed. I can feel it means me no harm but nobody close to me has died, so my question is: Do spirits just pick ppl at random or is this someone that i know and just don't know who it is.

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Re: understanding spirits

Posted by sixsense - 03 May 2011 22:53

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That sounds to me more like your guardian. We all have one sometimes multiples. They are there to protect us an help us when needed. The next time you see them or sense hem, say"thank you"

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Re: understanding spirits

Posted by undertaker1 - 03 May 2011 22:59

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We all have a spirit guide or more than one like sixsense said. Some of us my not ever see or know who it is. I seen a woman tht had a dresslike thing from head to toe but her back has been turned to me. This may be my spirit guide but if she chooses to show me or to even turn around and see me i don't know. It may not even be my guardian but just trust your judgment. try not to get to involved or you will make it

harder than what it is. See what you see and move on.

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