dreams
Posted by Cerberus - 24 Jan 2012 14:17

Hello! I am new here! Just thought I would start up a topic.

My topic are about dreams. I'm wondering if anyone else have had dreams where spirits show up in them to try to either make their presence known or try to communicate with you?

I have had several dreams, that many would consider nightmares. For some reason they don't bother me all too much, except for the ones when I wake up and I find scratches on me. Most of my dreams are just evil and I will go into detail about them later on.

There have been several dreams, that no matter what they are about, I see a dark shadow figure always present in them. Sometimes I feel its a male, other times, not sure what it is. It never shows a face. It never speaks. It is just always there. Sometimes when I wake up, I can feel its presence around me. I firmly believe he is the first shadow figure I have ever seen, when I was 8 years old. Just lately, it has been making his presence known more. The last time I had a dream and the shadow was in it, I was dreaming about an exorcism. I woke up, clinching my pillow, yelling I hate you. When I fully woken up, I wanted to hurt/kill someone. And the first thing I said when I sat up was I know you're here, I can feel you. That whole day I was off, didn't want to be around anyone and was very aggervated. Just want to know people's thoughts and if this has happen to anyone else.

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Re: dreams
Posted by bossyroofer - 24 Jan 2012 14:42

HI,

I to have had a rough time in dreams, I am a vet and I was honor gaurd, lots of burials and trama from combat and yea it stays with you!

I beleave the people I took home will always search for a way to say don't forget me, I'm still here.

Stay in the light of faith, there are NO shadows there!

I like to walk in the moutains or places where there are few people, I bleave we are given strength in places like that.

Don't give into fear, darkness feeds on that!

Mike

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Re: dreams
Posted by Cerberus - 24 Jan 2012 15:04

I usually go for walks in my favorite spot and just sit there to clear my mind. There was a period of time, that cause of the dreams I was having, really affected me. I could barely sleep, I was depressed a lot, and I wanted to hurt people for no reason. I feel better now, I'm able to sleep at night and I feel a lil bit more peaceful. I still sense this figure though. It's been a lil to quiet lately, which makes me wonder. I can't help but to feel like something big is about to happen. Which I am currently at my parents house, its haunted as well and I know they've been quiet also, even though I can still feel the lady spirit. Not sure what happen to the other two.

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Re: dreams
Posted by TressesOfNephthys - 24 Jan 2012 17:32

Sounds like this is something that goes far beyond just having a weird dream or even reoccurring dream. You are talking about a possible entity that has been following you and now infiltrating your dreams, am I correct?

Lately you say you've been walking around and things have gotten a little better. That's very good. Exercise and meditation are good for aura healing. As long as your meditations are outside of the house and you are not attempting to achieve a trance state I should add. When you are in a trance state in deep meditation, you are vulnerable. For anyone I would recommend "proceed with caution" anyway but a big no no if you have some type of shadow being lurking around.

I posted something similar to another thread here: www.ghostsnhaunts.com/forum/general-disc...80-incubus.html#9694

Best defense against anything that is trying to infiltrate, be it spirit of some kind of living psychic vampire, is the aura. The aura can become compromised for many reasons, and I went into much more detail in the other thread if you'd like to give it a read. Good luck, hope it helps!

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Re: dreams
Posted by Cerberus - 24 Jan 2012 17:40

That is correct. I still feel it around me, especially at night and when I wake up. It's not as bad as it has been in the past. I can actually sleep at night now. I still see it in a few of my dreams, but not as often. I think what helped me out is that I am out of a bad situation, which made me very sad, angry, and hate filled. I am almost certain it fed off of that. Now, since I am in a better place, its not as bad. I always have a feeling its around, and I can't help but feel something big is about to happen. Not sure what though. I feel tons of energy in my parents house building up.

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Re: dreams
Posted by TressesOfNephthys - 24 Jan 2012 17:59

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Getting out of that negative situation was a very big and important step, and you are right, things like this feed off of negativity and hate. If you find yourself feeling that way, I would suggest taking a break, a little walk or finding some other activity that would move your mind in another direction. Fill yourself with love and joy.

As for your parents' house, sounds like getting some sage and incense and smudging may do some help. Any time my house starts to feel what I like to call "itchy" (ie, everyone seems antsy, jumpy; air getting stale) this tends to help. It may not help where the entity is concerned but might help alleviate that feeling of doom like you've described.

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Re: dreams
Posted by Cerberus - 24 Jan 2012 18:08

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I usually workout or I paint to help relieve some of the funk I have with me at times. As for my parents house, I should do that. It has been active for a very long time. It hasn't been this active for awhile. It just seems like last year, things has started to happen. Don't get me wrong, things always happened here, but it seems more like an everyday thing now.

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Re: dreams
Posted by norman glasser - 24 Jan 2012 18:29

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what type of paintings do you do?

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Re: dreams
Posted by Cerberus - 24 Jan 2012 18:36

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Mostly about my dreams and whatever else I have visions of. The paiting below is of one I had a dream about. It's called " Soul Sucker."

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Re: dreams

Posted by norman glasser - 24 Jan 2012 18:42

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Have you had someone who passed away that you were close to

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